



Beauty Farm & Massages Best Western Plus Hotel Galles Milan

Lashes and Loveliness, the beauty centre located in the SPA area of Best Western Plus Hotel Galles, offers various treatments for the care and beauty of the body. Our beauticians are experts in the reconstruction of nails and in the eyelashes extension thanks to their constant training on the latest beauty and wellness techniques.

Reservation is recommended with at least 48 hour notice.

Cancellation within 4 hours before the appointment, otherwise the total amount of the treatment will be charged.

Hotel Galles

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Massages

Sport 50 min. - € 100,00	It reduces muscle tension, stimulates local microcirculation, tones up and relaxes the muscles. It is an energy and toning massage that, through a set of quick and balancing techniques, helps to soften tissues.
Relax 40 min. - € 70,00	It helps to relieve stress and fatigue increasing the flexibility of the body, improving blood circulation, stimulating the flow of energy and helping to produce a feeling of intense vitality.
Hot Stone 1 h 15 min. - € 130,00	Through the use of lava stones that retain heat, it decongest the lymphatic deposits, improves water retention, blood circulation and venous return. Smooths and relaxes the skin and is considered a valuable ally to fight stress, tension and muscle contractures.
Soul Contact 1 h - € 90,00	It is a treatment that acts on the Body-Mind-Emotions system. Through the use of hot oil and specific Indian music, these three basic components are rebalanced.
Shiatsu 1 h - € 100,00	The Shiatsu massage is a Japanese hand pressure method that balances the body. It has good effects on anxiety and stress, reducing the typical symptoms of depression. It can help in case of problems related to the head, neck and back.
Thai and aroma oil 1 h 15 min. - € 120,00	The body is stretched and manipulated to improve posture and the functions of the nervous, circulatory and lymphatic system. Accompanied by aroma oils, it produces relaxation and general well-being.
Back 30 min. - € 50,00	Poor posture leads to a stiffening and tension of the muscles of shoulders and neck. Shoulders, especially, are the part of the body which is often affected by anxieties and frustrations. This type of massage dissolves these tensions and transmits serenity.
Head 30 min. - € 50,00	This massage gives lightness and sensations of serenity, making the face glow and shiny. On the scalp, the deep and slow movement relaxes and eliminates headache and anxiety.

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Intensive Rituals

Treatments aimed at the achievement of a deeper psychological well-being. They involve the whole body and purify it, transmitting emotions and feelings that lead to a total relaxation.

RITUAL "PARADISE"

1 hour 30 min. - € 130,00

Coconut scrub + moisturizing coconut facial treatment + 30 min. massage with coconut oil

Gentle exfoliation that removes keratinized cells and oxygenates the skin. Traditional ceremony from Bali island that combines a subtle massage with a facial coconut treatment.

RITUAL "DOLCE VITA"

1 hour 30 min. - € 150,00

Chocolate body scrub + facial treatment + chocolate compress + 30 min. massage with chocolate oil

Healing for dry skin without sufficient elasticity, this treatment stimulates the production of serotonin and moisturizes the skin

RITUAL "HONEYMOON"

1 hour 30 min. - € 150,00

Body scrub with passion fruit + compress with honey, jasmine and cinnamon + honey facial treatment + 30 min. relax massage with orange oil

Treatment with emollient and soothing properties to moisturize the skin. Honey is perfect to regenerate damaged tissue and make the skin soft and silky

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Treatments

Body Treatments

Scrub	€ 40,00
Beauty bandage to tone up	€ 50,00
Body mud pack	from € 50,00

Facial Treatment

Basic facial cleansing	€ 50,00
Face treatment with almond acid	€ 80,00
Anti-aging treatment	€ 90,00
Customised treatments	€ 100,00
Radiofrequency	€ 80,00

Hands and feet treatments

Manicure	€ 30,00
Nail Polish	€ 10,00
Aesthetic pedicure	€ 40,00

Epilation

Eyebrow	€ 7,00
Whiskers	€ 5,00
Armpit	€ 10,00
Arms	€ 15,00
Half leg	€ 20,00
Whole leg	€ 30,00
Groin (partial)	€ 15,00
Groin (total)	€ 20,00
Back / Chest	€ 30,00

Permanent Make-Up

Semi-permanent make-up (1h 30 min. – 2h)	da € 300,00
Eyebrow and eyelashes colouring (20 min.)	€ 20,00
Eyelashes curling (40 min.)	€ 50,00
Nail reconstruction (1h 30 min.)	€ 100,00
Classic eyelashes extension (1h 30 min. – 2h)	€ 100,00
Retouching (2-3 weeks)	€ 50,00 / € 70,00
Eyelashes extension with 3-4D technique	€ 130,00
Retouching (2-3 weeks)	€ 70,00 / € 90,00
Russian volume	€ 150,00 / € 200,00
Retouching (2 weeks)	€ 70,00 / € 100,00

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